



**Sports Center Members,
Please note the following class substitutes and cancellations for
October 2015.**

Date	Class	Time	Substitute
10/7, Wednesday	Fit for Life	9:15am-10:15am	Vanessa
		10:15am-11:15am	Vanessa
10/13, Tuesday	Barre/Pilates	12:00pm-1:00pm	Gabriela
10/22, Thursday	U-Jam	7:00pm-8:00pm	Kimberly
10/24, Saturday	Sweat & Sculpt	8:30am-9:30am	Vanessa

U-Jam Saturday Rotation Schedule

10/3 – Jenn

10/10 – Kimberly

10/17 – Rene

10/24 – Mai

10/31 – Halloween Dance Party (Large Gym, come dressed in your Halloween costume, more details to be determined)